ABSTRACT OF THE DISCLOSURE

A digital recording and reproducing apparatus is provided which is capable of identifying a memory card individually based on a relatively simple construction. 5 An identification data-generating block generates identification data for identifying the external memory individually. An internal memory can store the identification data. A control block records the identification data in the external memory and the 10 internal memory, and carries out identification data determination processing for determining, when mounting of the external memory is detected, whether or not the identification data recorded in the external memory and the identification data recorded in the internal memory 15 are identical to each other.